

# Hemispheric brain-rhythm asymmetries in speech-in-noise comprehension



University of Dundee

Dr. Tanja Atanasova & Dr. Anne Keitel

Psychology Division  
University of Dundee, Scotland



- The way we comprehend speech—and how the brain encodes information from a continuous speech stream—is of interest for neuroscience, linguistics, and research on language disorders.
- Resting-state brain activity has the potential to index intrinsic features that might be related to behavioural performance, e.g. speech comprehension.

- In this proof-of-concept study, we aimed to identify which intrinsic brain rhythms predict individual speech comprehension in a challenging listening situation.
- To this aim, we analysed the region-specific brain activity in magnetoencephalography data and linked it to the performance of a speech-in-noise word comprehension task.

**Participants**

- 20 healthy right-handed British native speakers (9 female, age  $23.6 \pm 5.8$  years, age range: 18 to 39 years).

## MEG data acquisition

- MEG was recorded with a 248-magnetometer,
- Whole-head MEG system at a sampling rate of 1 KHz
- Sounds were transmitted binaurally through plastic earpieces

## Stimuli

- 18 target words, each repeated 10 times
- During the experiment, **speech stimuli were embedded in noise**, i.e., ecologically valid environmental sounds combined into a uniform mixture of 50 different background noises

## Task

- Participants were presented with a single target word embedded in noise and had to choose between two alternatives.

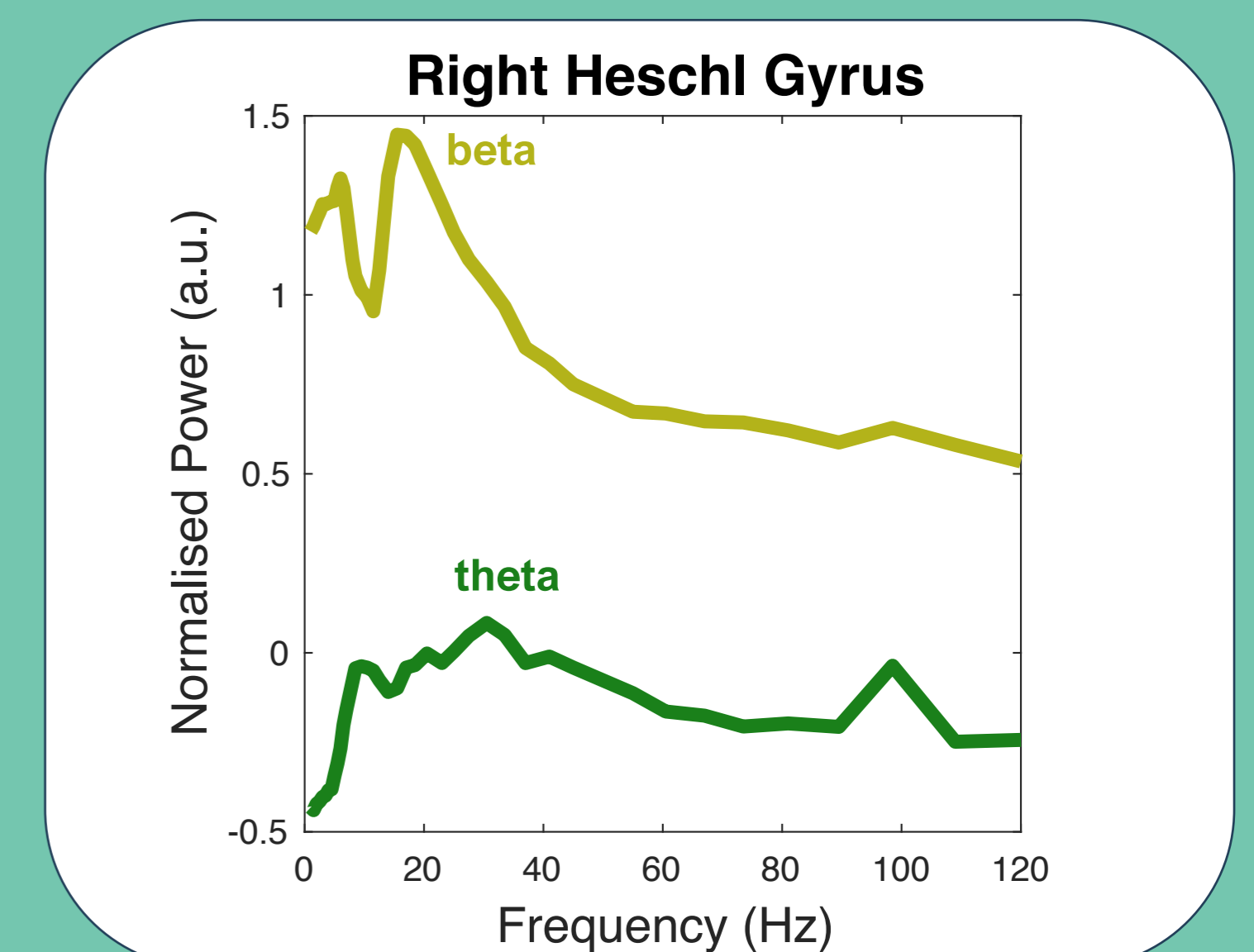
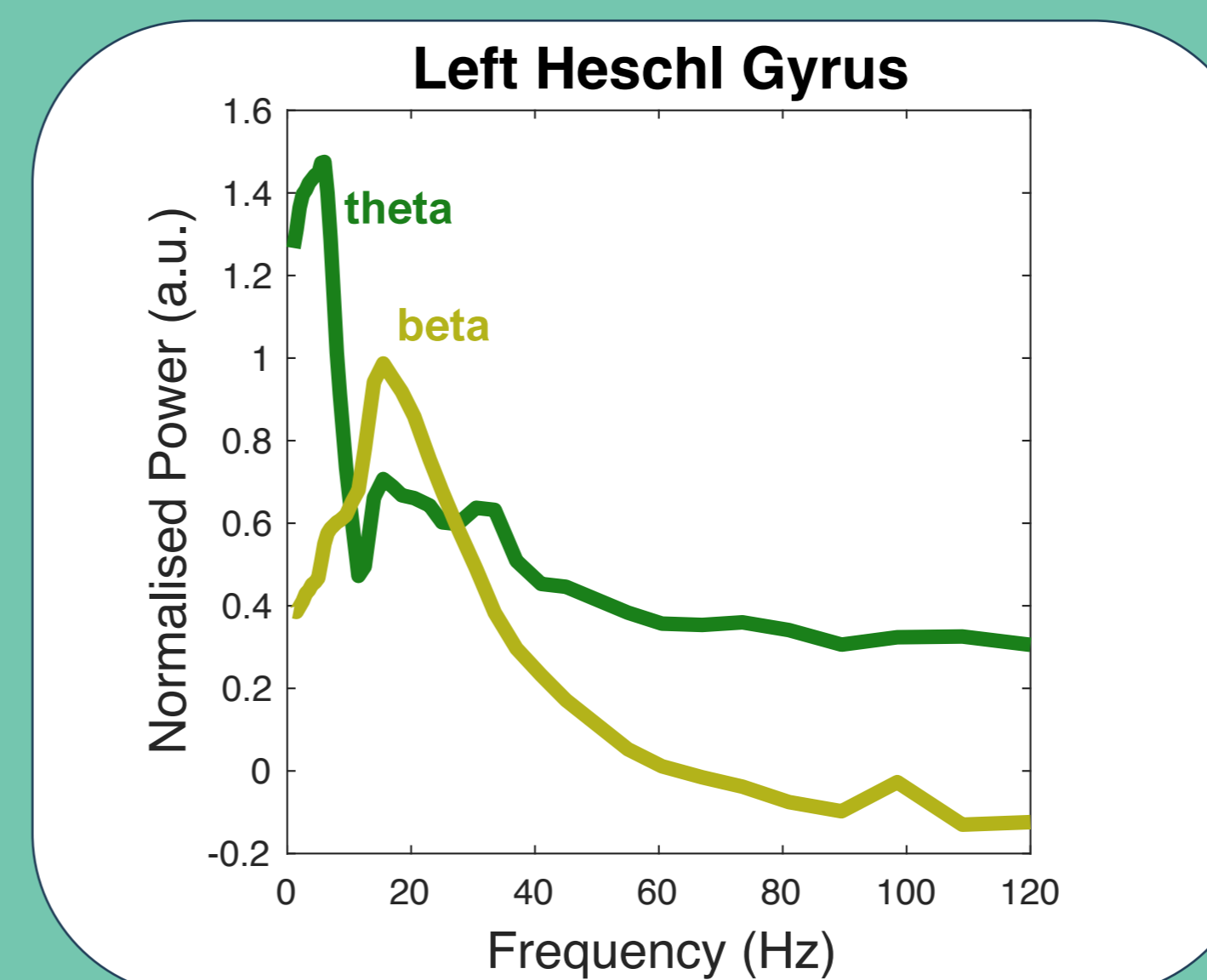


Example: 'fantastic' (embedded in noise)

Which adjective did you hear?

beautiful

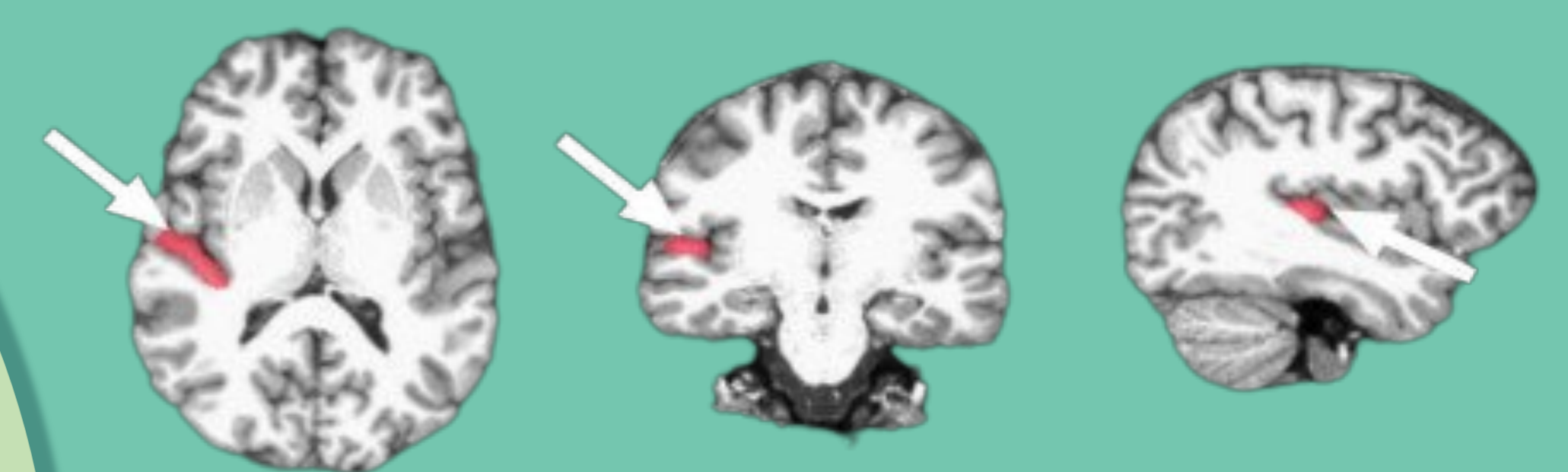
fantastic



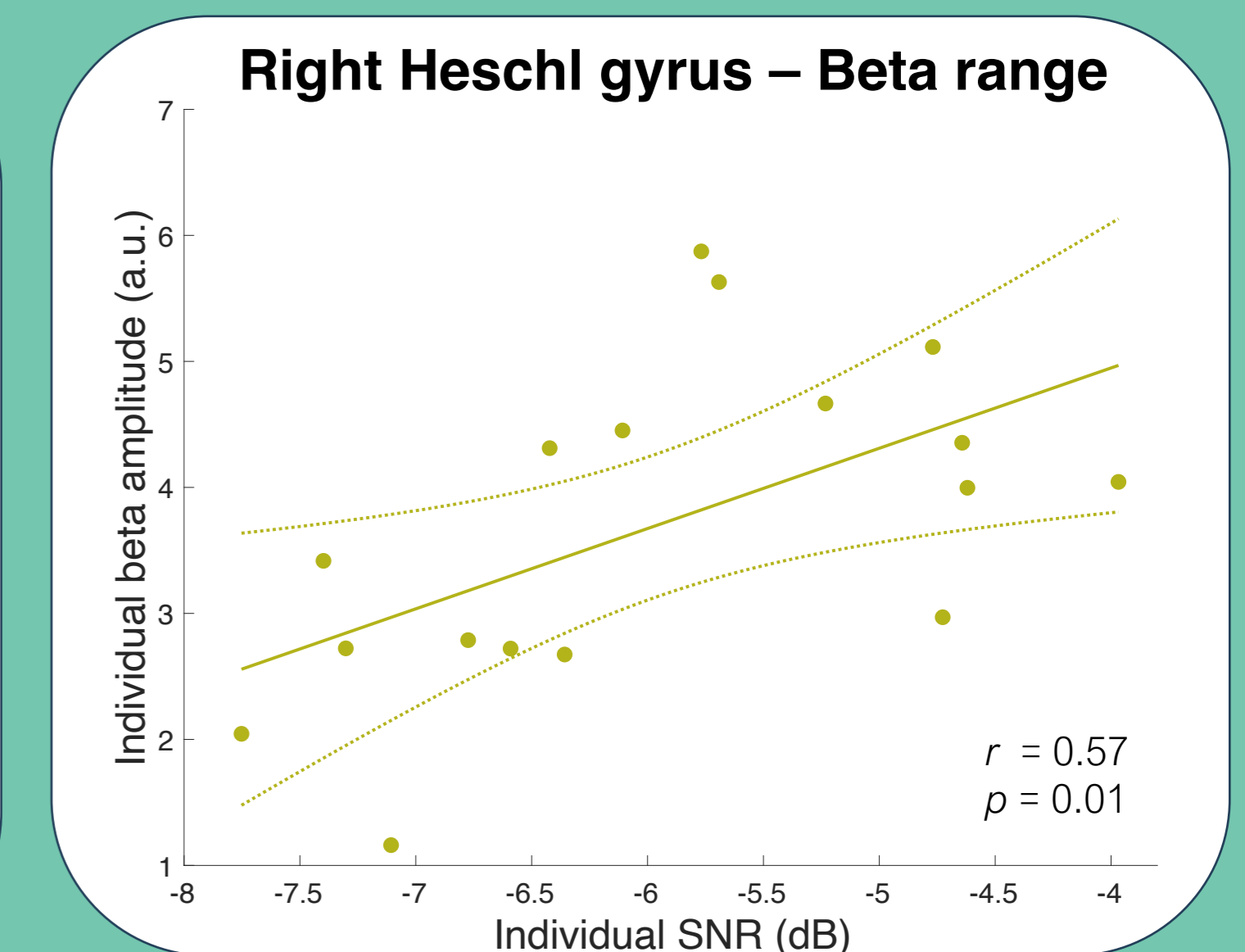
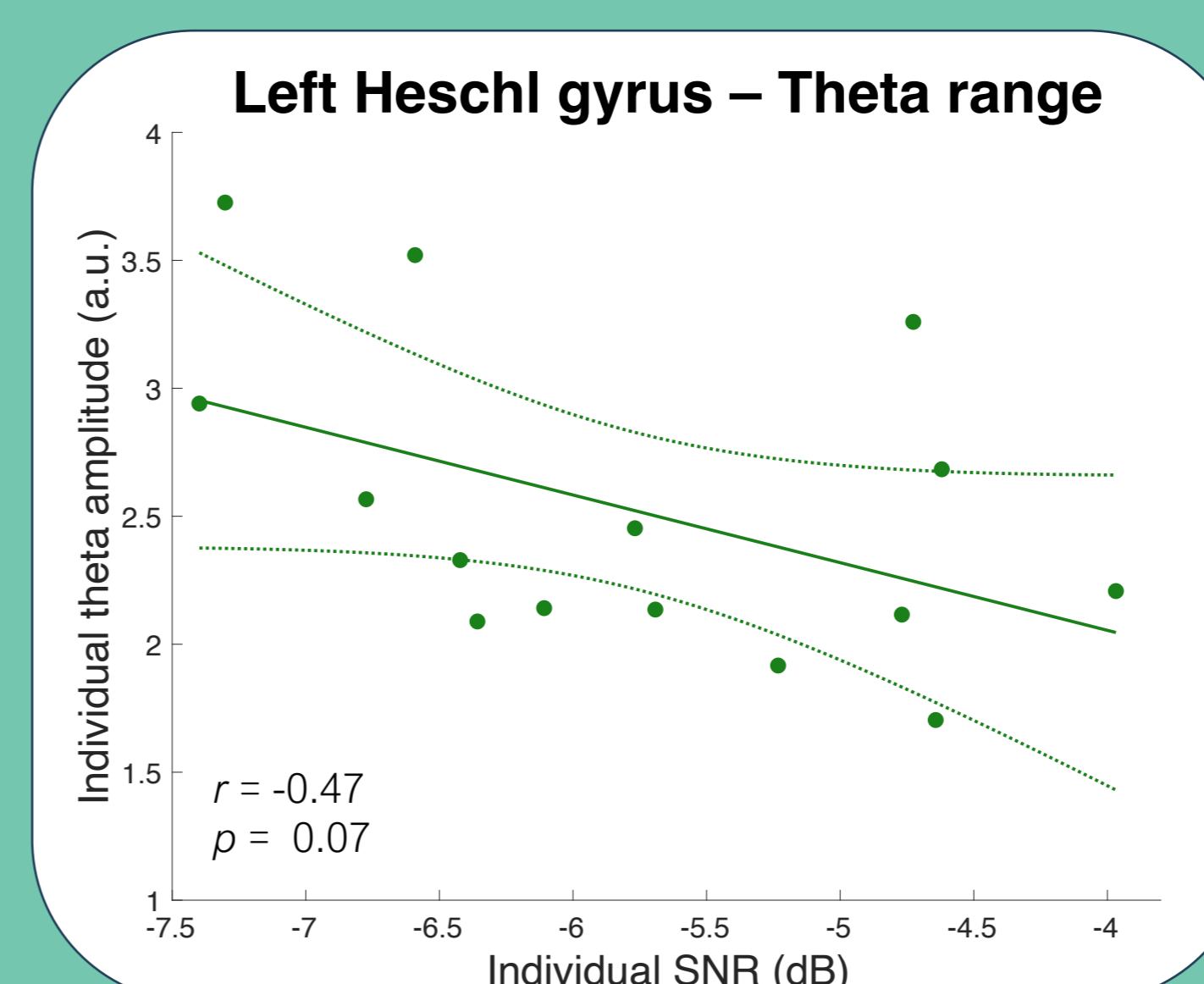
All participants showed prominent theta and beta rhythms in left and right Heschl gyrus.



## Left Heschl gyrus



## Right Heschl gyrus



- Participants with higher theta amplitudes in the left Heschl gyrus showed better speech comprehension than those with lower theta amplitudes.
- Participants with lower beta amplitudes in the right Heschl Gyrus showed better speech comprehension than those with higher beta amplitudes.

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